

5 TIPS FOR PREVENTING PRESSURE ULCERS

- 1 Analyse before choosing assistive devices**

Make risk score, needs analysis, risk analysis and assess if the assistive device suits the patient's needs and risk of developing pressure ulcers.
- 2 Demand documentation of function**

Demand objective and in-depth studies, that can document the function of the assistive device, from suppliers.
- 3 Utilise expertise**

Always contact specialists if in any doubt. The employees must have knowledge about and opportunity for contact with specialists to secure and maintain an optimal level of prevention and treatment of pressure ulcers.
- 4 Prevent with continuity and stability**

Do always have a plan known by the employees for screening of all patients. Continuous routines with daily dialogue in and across all departments ensure stability and allows correction of prevention methods and treatment in time. Effective prevention can decrease the number of pressure ulcers significantly.
- 5 Reassess risk when changes occur**

Always reassess the risk of pressure ulcers when observing changes in the patient's functionality or nutritional status.



WOLTURNUS